



SIMON FRASER UNIVERSITY **PRESS RELEASE**

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Simon Fraser defeats Westminster in Fall Scrimmage

FOR IMMEDIATE RELEASE

By William Howard, *SFU Lacrosse Media Relations*
Simon Fraser University Men's Lacrosse

EVENT: Men's Lacrosse

SITE: Dumke Field, Salt Lake City, Utah

SCORE: Simon Fraser University 13, Westminster College 8

NEXT SFU GAME: Sunday, October 25, 2009, 11:00am-4:00pm PST – Scrimmages vs. Pacific Lutheran, Central Washington and Western Washington (MCLA Div. II) – Bellingham, Washington (Wade King Recreation Centre)



SALT LAKE CITY, UT (October 18, 2009) – Playing their third game in as many days, Simon Fraser concluded their fall trip to Utah with a 13-8 scrimmage win over Westminster College. The Clan were led by senior attack **Adam Foss** (*Cochrane, AB / Cochrane*) with 5 goals and 1 assist and senior midfield **Russel Thomas** (*Nanoose Bay, BC / Ballenas*) with 3 goals. **Colton Dow** (*Port Moody, BC / Heritage Woods*) led all freshmen in scoring with 2 goals.

All twenty-three players, including three goaltenders, saw significant minutes for the Clan as Co-Head Coaches Jeff Cathrea and Brent Hoskins continued to provide their underclassmen with some valuable game experience. Fraser will wrap-up their fall schedule next Sunday, October 25 in Bellingham, WA with scrimmages against regional PNCLL Div. II opponents Central Washington, Pacific Lutheran and Western Washington.

SCORE BY QUARTER	1	2	3	4	Total
Simon Fraser	3	4	3	3	13
Brigham Young	0	4	1	2	8

NOTES

- Eight (8) SFU players registered points: Foss 5g, 1a; Thomas 3g; Dow 2g; **Chris Tessarolo** (New Westminster, BC / New Westminster) 2g, 1a; **Mark Hilker** (Bowmanville, ON / Clarington Central) 1a; **Stu Mills** (Campbell River, BC / Timberline) 1a; **Kevin Riley** (Coquitlam, BC / Gleneagle Secondary) 1g; **Josh Simons** (Port Moody, BC / Dr. Charles Best) 1a.

- Fraser once again dressed twenty-three (23) players comprised of nine (9) freshmen, three (3) sophomores, six (6) juniors and five (5) seniors. Not dressed were seniors **Ben Towner** (Port Coquitlam, BC / Terry Fox) and **Ben Johnson** (Calgary, AB / Berkshire) and junior **Ben Davies** (New Westminster, BC / New Westminster).

- The Clan continued to play all three (3) goaltenders: junior **Dean Stewart** (Duncan, BC / Claremont), 3 saves, no goals allowed; senior **Mike Ripley** (Saskatoon, SK / E.D. Feehan) 22:30 minutes, 1 save, 4 goals allowed; freshman **Kyle Middleton** (Nanaimo, BC / Woodlands) 22:30 minutes, 5 saves, 4 goals allowed.

- SFU registered 29 ground balls. Freshman midfield Hilker led the Clan with 4 while Foss, freshman **Taylor MacIntosh** (Oakville, ON / Holy Trinity) and Riley each chipped in with 3.

QUOTES

SFU Co-Head Coach **Brent Hoskins**

On Westminster: "A former MCLA Div. II National Champion, the Griffin coaching staff always has their team ready to compete and we would like to thank Coach Goodhand and Coach Long for their hospitality in hosting us this week."

SFU Co-Head Coach Jeff Cathrea

On Simon Fraser: "We asked our freshmen and sophomores to really step in and contribute this weekend and we are impressed with the way that they responded to that challenge. We wanted this fall to be an opportunity for every player to try and carve out a role for themselves in our line-up and they got that chance versus three quality opponents this weekend."

Simon Fraser men's lacrosse is proudly sponsored by Harrow Sports and Onyx / Riddell Lacrosse. For further information on SFU lacrosse please visit www.sfulacrosse.com or follow the Clan LIVE on Twitter at <http://twitter.com/fraserlacrosse>.

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