



SIMON FRASER UNIVERSITY
PRESS RELEASE

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Simon Fraser Wraps up Fall Season in Bellingham

FOR IMMEDIATE RELEASE

By William Howard, *SFU Lacrosse Media Relations*
Simon Fraser University Men's Lacrosse

EVENT: Men's Lacrosse

SITE: Wade King Recreation Centre, Bellingham, Washington

SCORES: Simon Fraser 17, Central Washington 4; Simon Fraser 16, Western Washington 5

NEXT SFU GAME: Saturday, February 6, 2009 - vs. Western Washington (MCLA Div. II) – Burnaby, British Columbia



BELLINGHAM, WA (October 26, 2009) – The Simon Fraser men's lacrosse team wrapped up their 2009 fall competition schedule as the Clan travelled 25 miles south of the border to play regional PNCLL Div. II opponents Central Washington and Western Washington on the WWU campus. Each scrimmage consisted of two 30 minute halves, with a running clock and was played in front of approximately 50 northwest lacrosse fans in attendance. The Fraser offense generated 33 goals on the day with 16 goals registering an assist. Twelve of the 19 players dressed for the Clan were underclassmen with, senior attack **Ben Towner** (*Port Coquitlam, BC*) 13g, 5a and freshmen **Colton Dow** (*Coquitlam, BC / Heritage Woods*) 7g, 4a and **Stu Mills** (*Campbell River, BC / Timberline*) 7g, 3a leading the way.

Simon Fraser will now begin their off-season strength and conditioning program before resuming pre-season practices on the field in January. The Clan open the 2010 regular season at home versus Western Washington on Saturday, February 6 in Burnaby, BC.

SCORES BY HALF	1	2	Total
Simon Fraser	8	9	17
Central Washington	3	1	4
Simon Fraser	11	5	16
Western Washington	3	2	5

GOALS SCORED

Simon Fraser – Ben Towner 13, Colton Dow 7, Stu Mills 7, Josh Simons 3, Eric Dufresne, Mark Hilker, Russel Thomas

ASSISTS

Simon Fraser – Ben Towner 5, Colton Dow 4, Stu Mills 3, Mark Hilker 2, Rick Bezuidenhout, Taylor MacIntosh

GOALKEEPING

Simon Fraser – Mike Ripley, 60:00 played, 6 saves, 6 goals allowed; Kyle Middleton, 60:00 played, 5 saves, 3 goals allowed

NOTES

- Fraser dressed nineteen (18) players comprised of nine (9) freshmen, three (3) sophomores, two (2) juniors and four (4) seniors. Not dressed for the Clan were seniors Adam Foss and Ben Johnson and juniors Curt Brown, Ben Davies, Kevin Riley, Bryan Scott, Dean Stewart and Chris Tessarolo.
- SFU registered 81 ground balls over two games. Sophomore Ryan Hodge led the Clan with 20 while junior Luke Genereux had 11.

QUOTES

SFU Co-Head Coach **Brent Hoskins**

On CWU and WWU: "We would like to thank Western for hosting today's scrimmages. The Vikings and Wildcats have some talented players and both teams competed hard. The PNCLL should be well represented in Div. II in 2010 and we will look forward to playing WWU again to kick off our regular season."

SFU Co-Head Coach **Jeff Cathrea**

On Simon Fraser: "We showed some good team chemistry today with 16 assisted goals. Overall we were happy with our energy and execution and were really pleased with the performance of our underclassmen."

Simon Fraser men's lacrosse is proudly sponsored by Harrow Sports and Onyx / Riddell Lacrosse. For further information on SFU lacrosse please visit www.sfulacrosse.com or follow the Clan LIVE on Twitter at <http://twitter.com/fraserlacrosse>.

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