



SIMON FRASER UNIVERSITY
PRESS RELEASE

www.sfulacrosse.com

FOR IMMEDIATE RELEASE

By William Howard, *SFU Lacrosse Media Relations*
Simon Fraser University Men's Lacrosse

CONTACT: Brent Hoskins +1 (604) 836-7748, bhoskins@alumni.sfu.ca

2009 Simon Fraser Men's Lacrosse Season-Ending Notebook

Clan Post 14-1 Record, Win 8th PNCLL Conference Championship



BURNABY, BC (July 30, 2009)

The Team: In their 5th season under Co-Head Coaches Jeff Cathrea and Brent Hoskins, Simon Fraser posted a 14-1 record and advanced to the MCLA Quarterfinal before the No. 6 Clan were eliminated in overtime by the No. 3 seed Chapman (15-14).

Cloud 9: Simon Fraser made its 9th appearance in the MCLA Tournament this season. This places the Clan at No. 5 for all-time tournament appearances behind Brigham Young (13), Colorado State (11), Michigan (11) and Sonoma State (11) and tied with Minnesota-Duluth (9) and UCSB (9)

8 is Great: The Clan won an unprecedented 8th PNCLL Conference Championship in 2009 (1997, 1998, 1999, 2000, 2001, 2003, 2008, 2009). Oregon is 2nd behind Simon Fraser with 4 PNCLL Conference Championships (2004, 2005, 2006, 2007).

21 in a row: Simon Fraser has won 21 straight PNCLL conference games dating back to February 8, 2008. The Clan have been undefeated at home since April 1, 2006 (14 games).



These are the facts: Simon Fraser concluded the 2009 season with an all-time record of 150-29 (.843). In 178 games played the Clan have outscored their opponents 2856-1425.

Six Earn All-American Honors: Simon Fraser placed six players on the 2009 MCLA All-America Team. This is the highest number of Clan players to receive this honor in a single season and the 9th straight year that SFU has placed at least one player on the All-America Team.

Leading the way for the Clan were juniors Ben Towner at attack and Russel Thomas at midfield who both grabbed first team honors. Senior LSM Curtis Manning (2nd Team), junior attack Adam Foss (2nd Team), junior midfield Ben Johnson (2nd Team) and sophomore defender Matt Miyashita (HM) rounded out SFU's All-America selections.

A total of 23 Clan players have earned All-America honors in the program's 14-year history, including 10 first team All-America selections.

Top of the Class: 23 players were named MCLA Scholar Athletes in 2009 including Clan captains Foss and Manning. Foss, a junior, was named a Scholar Athlete for the second straight season while Manning, a senior, was named a scholar athlete for the fourth and final time in his collegiate career.

Simon Fraser is an Academics-First institution. Away from the field, both Cathrea and Hoskins place a great deal of emphasis on academics and their players have excelled in the classroom, producing the programs first seven (7) Academic All-Americans and maintaining the programs best academic record.

Conference Awards: Clan senior Manning was named the PNCLL Most Valuable Player, while Towner was named PNCLL Offensive Player of the Year. Sophomore attack Chris Tessarolo was named PNCLL Final Four MVP.

In addition to the league awards, Simon Fraser led the way with 13 players receiving PNCLL All-Conference recognition. Towner, Manning, Foss, Johnson, Thomas and sophomores Nathan Clare and Miyashita were named to the PNCLL All-Conference 1st Team, while sophomores Curt Brown and Tessarolo were named the PNCLL All-Conference 2nd Team. Seniors Matt Brascia and Calvin Castagner, junior Kevin Riley and freshman Dan Patterson were named PNCLL All-Conference Honorable Mentions.

Cathrea and Hoskins were named PNCLL Coaches of the Year for a second straight season after guiding the Clan to an undefeated regular season record of 13-0. This was the 5th time in school history that the Clan have posted an undefeated record in the regular season.

Leading by Example: Simon Fraser University became the first Canadian institution to be awarded the James "Ace" Adams Sportsmanship Award for District 11. This is an awarded given by the US Lacrosse Men's Division Officials Council, College Officials Committee.

Cathrea and Hoskins hit Half-Century Mark: SFU Co-Head Coaches Cathrea and Hoskins earned their 50th career victory at Simon Fraser with a 24-0 victory over Portland State in their final home game of the 2009 season (March 28). In just 5 seasons, Cathrea and Hoskins now sport a 57-15 (.792) record at Simon Fraser and hold the school record for wins in a career.

Poll Position: Simon Fraser concluded the regular season ranked fourth in the CollegeLAX.us/Prodigy Network Coaches Poll and finished the year ranked fifth in the MCLA Lax Mag/Adidas Media Poll. Lax Mag publishes a media poll at the end of the MCLA Tournament, but the CollegeLAX.us Coaches Poll is not conducted after the MCLA Tournament begins.



More Poll Position: The MCLA began a bi-weekly coaches poll at the inception of the MCLA National Championship format in 1997. A consistent Top 10 national contender from 1997-2003, the Clan climbed to No. 2 in both the CollegeLAX and MCLA Lax Mag Polls in 2009, the highest that Simon Fraser has been ranked since 2000 when the Clan entered the National Tournament as the No. 3 seed. Simon Fraser has been ranked in the Top 10 since March 26, 2008.

Streaking: Simon Fraser is 32-2 (.941) in its last 34 regular season games dating back to the start of the 2007 season and 39-5 (.886) overall during this stretch. The Clan's only losses in the last three years have been to the eventual National Champion Runner-up each season losing twice to Oregon in 2007, twice to BYU in 2008 and once to Chapman in 2009.

Attack Emerges: Starters Towner, Foss and Tessarolo combined for 10 or more points in all 12 starts together and 15 or more points 6 times, including a season high 25 combined points in the Clan's 24-8 win over Montana. Towner led the MCLA Division I in goals per game with 4.67 and finished 3rd in points per game with 6.00. Foss finished 6th in the MCLA in points per game with 5.27.

Towner led the Clan with 70 goals and 90 points, while Foss finished first in assists with 42 and second in goals (37) and points (79). Tessarolo who played sparingly in the Clan's wins over Washington State (28-2), Idaho (15-5) and Oregon State (20-3) finished fourth in points (48) with 33 goals and 15 assists.

The starting trio combined for 118 goals and 60 assists (14.83 ppg) in the 12 games they started together.

Young Guns: In 2009, 248 of the Clan's 270 goals (92%) were scored by players who will return next season while 129 of the team's 138 assists (94%) were accumulated by players with at least one year of eligibility remaining. SFU's top five scorers (Towner-90, Foss-79, Thomas-49, Tessarolo-48, Riley-35) combined for 301 points this season. The Clan boasted six players with 20 or more goals and 10 or more assists (Towner-70g/20a, Foss-37g/42a, Thomas-34g/15a, Tessarolo-33g/15a, Riley-20g/15a, Ben Davies-20g/13a). All six are due to return in 2010.

Defensive Notes of Interest: SFU averaged 6.6 goals against in 2009. The Clan defense held the opposition to 2 goals or less in 43 of 60 quarters (72%) this season including 18 scoreless quarters (30%).

Offensive Notes of Interest: The Clan led the MCLA in scoring in 2009 averaging 18.13 goals per game, including 14.67 goals per game versus ranked opponents. SFU has scored in double digits 40 times in its last 42 games and is averaging 16.74 goals per game during that time (703 goals in 42 games).

About Simon Fraser: Simon Fraser University men's lacrosse is entering its 15th season and competes in the Men's Collegiate Lacrosse Association (MCLA). During the 2009 season, Co-Head Coaches Jeff Cathrea & Brent Hoskins (5th season) led the Clan to their 8th Pacific Northwest Collegiate Lacrosse League (PNCLL) Conference Title (1997, 1998, 1999, 2000, 2001, 2003, 2008, 2009). In 9 National Championship Tournament appearances, SFU has competed in six MCLA Quarterfinals ('97, '00, '01, '03, '08, '09), one Semi-Final (1998) and placed 2nd in 1999. For further information on Simon Fraser men's lacrosse please visit www.sfulacrosse.com or follow the Clan on Twitter at <http://twitter.com/fraserlacrosse>.